

WHY CLEAN SPIRULINA IS IMPORTANT

Most important is that spirulina grown in unsafe ponds may become contaminated with toxic metals, harmful bacteria and microcystins. It is very important to have very clean spirulina. Clean spirulina is not only safe but the best food on the planet. In 1974, Spirulina was declared by the United Nations Food Conference as, "the best food for the future". and the UN has continued to promote spirulina.

The spirulina used in the All 45 Essential Nutrients is cultivated from a closed system and is contaminant free

- 1 It's one of the best antioxidants
- 2 Decreases bad cholesterol
- 3 Helps control allergies
- 4 Helps with anemia or iron deficiency
- 5 Reduces liver fat – fatty liver
- 6 Slows the aging process down
- 7 Spirulina has a unique ability to chelate and remove heavy metals like lead from the body
- 8 Spirulina makes some cancer drugs more effective
- 9 Enhances eye-sight
- 10 Improves Immunity



MANUFACTURED BY
Algae International Bhd
www.algaeinternational.biz

IMPORTED AND DISTRIBUTED BY



CPEZ Enterprise Pty. Ltd.
www.cpez.com.au

Views expressed in this flyer are that of the manufacture.
Please seek advice from your health care professional for clarification. Write to us on info@algaeinternational.biz with your questions.



ALL
45
ESSENTIAL
NUTRIENTS
VEGAN

COMPLETE NUTRITION

Biologically Active
Made from natural ingredients

All essential amino acids and essential oils added

Made with clean microalgae grown in totally closed systems

SUPER FOODS OF THE FUTURE

With the prevalence of global warming, the land we use to grow crops such as rice, wheat and corn becomes less productive. Also with an increasing world population the amount of land available for agriculture is greatly reduced. We need alternative ways to feed the growing population which is sustainable for the environment.

Micro-algae has been considered the best alternative. Micro-algae which are microscopic aquatic organisms are packed with nutrients. It is considered to be the super food of the future.

Benefits of micro-algae as an alternative food supply.

- 1 It is easy to cultivate
- 2 It requires less land area to produce
- 3 Less impact on the environment
- 4 Can be grown anywhere in any climate (although slower growth rates in cooler conditions)
- 5 Non-seasonal meaning that it grows all year round.
- 6 Has more protein per mass compared to plant and animal based foods.
- 7 It produces 100 times more protein per land area in a given year.

MOST IMPORTANT

There are 47 essential elements for the human body to thrive and survive: 2 of which are water and oxygen. The remaining 45 is contained in our products.

The basics of staying healthy are to eat a well-balanced diet, exercise both the mind and body, have the right attitude, socialise and stay away from disease causing activities like smoking and excessive alcohol consumption. With the all 45 essentials plus some new developments, there is hope that we can add a healthy 20 or 30 years onto our life span, making 100 years old the "new 60" *.

Not having sufficient amounts of the essential nutrients accounts for 95% of internal diseases. So it is vital for a healthy body and mind to have all the essential nutrients in the right amounts.



ALL 45 ESSENTIAL NUTRIENTS VEGAN

Josens Health Engineers All 45 Essential Nutrients Vegan is scientifically formulated and prepared with the care to optimise your essential nutrients intake, containing 9 amino acids, 13 vitamins, 20 minerals and 3 essential oils

The main ingredients are: Clean Spirulina (grown by JOSENS), Oat Bran, Sunflower Seeds, Melon Seeds, Flax Seeds, Green Peas and Buck Wheat.

All commercially available spirulina is grown in ponds and open raceways. Pond grown spirulina is prone to contaminations from animals and insects.

Taking Josens All 45 Essentials

The all 45 essentials, best taken daily, and can be taken with other foods. It is recommended to only consume in moderation.

The mix also has cleansing properties for our digestive system which could speed its evacuation. So, start with a lower intake and then increase it over 3 days to what is best for you.

Normal daily intake should be about 30 grams which is about 2 tablespoons.

The all 45 essentials can be taken by mixing in a smoothie, juice, water or any drink of your choice.